

WHO'S IN CHARGE?

FACILITATOR TRAINING | ONE DAY TRAINING

JUNE

28

FRIDAY

0930 - 1630

Ipswich Borough Council,
Orwell Room, Grafton House, 15-17 Russell Road,
Ipswich Suffolk IP1 2DE

ESSENTIAL REQUIREMENT:

Practitioners must have attended the child to parent violence workshop (CPV) on the previous day.

WHO SHOULD ATTEND: Practitioners wishing to facilitate the 'Who's In Charge?' programme and practitioners who wish to use the material in their work with families.

The 'Who's in Charge?' programme is an eight-week group for parents who have children who are violent towards them or currently appear to be beyond parental control.

Eddie Gallagher has run over 20 such groups and has feedback from facilitators running groups in diverse locations across Australia, New Zealand and England.

This workshop is aimed primarily at those intending to facilitate the 'Who's in Charge?' group programmes, although it has practical application to those working with parents generally.

The workshop is largely experiential, based around the exercises and discussions of a 'Who's in Charge?' group programme. Practitioners will have the opportunity to explore the programme in full, discuss referrals, and setting up the programme.

Each week of the eight week programme that you are trained on focuses on a different aspect of child adolescent abuse.

Details of sessions overleaf.

TRAINING PROGRAMME

ORWELL ROOM | GRAFTON HOUSE | RUSSELL ROAD

SESSIONS:

- Session 1** Introduction - getting to know the group, genograms and completion of questionnaires.
- Session 2** What are the 'causes' or 'influences' of children's violent and abusive behaviour, entitlement vs. responsibility.
- Session 3** What is Abuse? How do children influence/control/have power over their parents?
- Session 4** What can I control in my child's life? Consequences, giving choices, house rules.
- Session 5** What is your style of parenting when you are okay vs. when you are stressed? Exploration of parenting styles - permissive, authoritarian, authoritative, indulgent.
- Session 6** Aspects of anger and anger as an excuse. When is anger useful? Myths about anger.
- Session 7** Assertiveness; introduction to aggressive, passive and assertive responses and communication.
- Session 8** Self-care and maintenance. How do we want to behave or react?
- Follow up** Session runs 2/3 months after the programme. Evaluation process and review of the programme.

On completion of the two-day facilitator training participants receive a facilitator pack on a CD & DVD, which contains all the materials needed to run the programme. Participants are eligible to run the 'Who's in Charge?' programme. There are no further license fees, enabling practitioners to run programmes immediately.

Cost: £195 plus VAT. Includes handouts, refreshments and lunch.

You can reserve a place on the conference, training or workshop by booking online at: www.eelga.gov.uk/whos-in-charge/

or by contacting:

Jayne Cole, East of England Local Government Association
Tel: 01284 758304

Email: jayne.cole@eelga.gov.uk

For further information about the conference, training or workshop please contact:
Lorraine Arthur, Ipswich Borough Council
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